

# October

## Breakfast Menu

2026



ARIZONA AUTISM  
CHARTER SCHOOLS, INC.



| Sunday                                                                            | Monday                                                                   | Tuesday                                                                            | Wednesday                                                                                 | Thursday                                                                    | Friday                                                                            | Saturday                                                                                    |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
|  |                                                                          |                                                                                    |                                                                                           | 1<br>w.g Pumpkin Bread<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk | 2<br>w.g Breakfast Round Bar<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk | 3                                                                                           |
| 4                                                                                 | 5<br>w.g Cereal<br>½ Cup Fruit<br>100% Fruit Juice<br>Assorted Milk      | 6<br>w.g Poptart<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk              | 7<br>w.g Homemade Chocolate Muffin<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk   | 8<br>w.g Mini Waffles<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk  | 9<br>w.g Cinnamon Bun<br>½ Cup Fruit<br>100% Fruit Juice<br>Assorted Milk         | 10                                                                                          |
| 11                                                                                | 12<br><b>Fall Break</b>                                                  | 13                                                                                 | 14<br> | 15                                                                          | 16                                                                                | 17                                                                                          |
| Reminder → Place orders for November this week                                    |                                                                          |                                                                                    |                                                                                           |                                                                             |                                                                                   |                                                                                             |
| 18                                                                                | 19<br>Staff Work                                                         | 20<br>Staff Work                                                                   | 21<br>w.g Apple Cinnamon Muffin<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk      | 22<br>w.g Poptart<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk      | 23<br>w.g Lemon Bread<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk        | 24                                                                                          |
| 25                                                                                | 26<br>w.g Cereal Bar<br>½ Cup Fruit<br>100% Fruit Juice<br>Assorted Milk | 27<br>w.g Breakfast Round Bar<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk | 28<br>w.g Home Made Blueberry Muffin<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk | 29<br>w.g Cinnamon Bun<br>½ Cup Fruit<br>100% Fruit Juice<br>Assorted Milk  | 30<br>w.g Pumpkin Bread<br>½ Cup Fruit<br>100 % Fruit Juice<br>Assorted Milk      | 31<br> |



This institution is an equal opportunity provider. Food items are subject to change depending on availability.

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| Sunday                                  | Monday                                           | Tuesday                                              | Wednesday                                               | Thursday                                                   | Friday                                                | Saturday |
|-----------------------------------------|--------------------------------------------------|------------------------------------------------------|---------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------|----------|
|                                         |                                                  |                                                      |                                                         | 1<br><b>BBQ Chicken Sandwich</b><br>Veggies<br>Fruit       | 2<br><b>Cheese Pizza</b><br>Veggies<br>Fruit          | 3        |
| 4<br>                                   | 5<br><b>Cheeseburger</b><br>Veggies<br>Fruit     | 6<br><b>Enchiladas Casserole</b><br>Veggies<br>Fruit | 7<br><b>Turkey Breast Sandwich</b><br>Veggies<br>Fruit  | 8<br><b>Chili Cheese Nachos</b><br>Veggies<br>Fruit        | 9<br><b>Beef Pepperoni Pizza</b><br>Veggies<br>Fruit  | 10       |
| 11                                      | 12<br><b>Fall Break</b>                          | 13                                                   | 14<br>                                                  | 15                                                         | 16                                                    | 17       |
| <b>PLACE NOVEMBER ORDERS THIS WEEK!</b> |                                                  |                                                      |                                                         |                                                            |                                                       |          |
| 18                                      | 19<br>Staff Work<br>No Students                  | 20<br>Staff Work<br>No Students                      | 21<br><b>Turkey Ham Sandwich</b><br>Veggies<br>Fruit    | 22<br><b>Spaghetti &amp; Meatballs</b><br>Veggies<br>Fruit | 23<br><b>Cheese Pizza</b><br>Veggies<br>Fruit         | 24       |
| 25                                      | 26<br><b>Chicken nuggets</b><br>Veggies<br>Fruit | 27<br><b>Taco Salad</b><br>Veggies<br>Fruit          | 28<br><b>Turkey Breast Sandwich</b><br>Veggies<br>Fruit | 29<br><b>Terriyaki Chicken</b><br>Veggies<br>Fruit         | 30<br><b>Beef Pepperoni Pizza</b><br>Veggies<br>Fruit | 31       |

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All Meals Are served with assorted milk. Fat free  
Chocolate, 1% Milk Plain

