

January



Breakfast Menu

2026



ARIZONA AUTISM
CHARTER SCHOOLS, INC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	No School	5	No School	6	7	8
			w.g Banana Muffins ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	9
11		12		13	14	15
	w.g Cereal ½ Cup Fruit 100% Fruit Juice Assorted Milk	w.g Apple Frudel ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Homemade Chocolate Muffin ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	16
18	No School	19		20	21	22
		w.g Cereal Bar ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Breakfast Round Bar ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	23
25		26		27	28	29
	w.g Cereal ½ Cup Fruit 100% Fruit Juice Assorted Milk	w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	w.g Homemade Chocolate Muffin ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	w.g Apple Frudel ½ Cup Fruit 100 % Fruit Juice Assorted Milk	30
						31

This institution is an equal opportunity provider. Food items are subject to change depending on availability.

January

Lunch Menu




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	No School	5	No School	6	7	8
			Turkey Ham Sandwich Veggies Fruit	Chili Cheese Nachos Veggies Fruit	Beef Pepperoni Pizza Veggies Fruit	10
11		12		13	14	15
	Beef Hot Dogs Veggies Fruit	Grilled Cheese Sandwich Veggies Fruit	Turkey Breast Sandwich Veggies Fruit	Cheese Enchiladas w/ Pico De Gallo Veggies Fruit	Cheese Pizza Veggies Fruit	17
18	No School	19		20	21	22
		Sloppy Joe Sandwich Veggies Fruit	Turkey Ham Sandwich Veggies Fruit	Bean & Cheese Tostadas w/ Pico De Gallo Veggies Fruit	Beef Pepperoni Pizza Veggies Fruit	24
25		26		27	28	29
	Chicken Nuggets Veggies Fruit	Terriyaki Chicken Veggies Fruit	Turkey Breast Sandwich Veggies Fruit	Spaghetti & Meatballs Veggies Fruit	Cheese Pizza Veggies Fruit	31

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All Meals Are served with assorted milk. Fat free
Chocolate, 1% Milk Plain