

October


Breakfast Menu

2025



ARIZONA AUTISM
CHARTER SCHOOLS, INC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 w.g Home Made Blueberry Muffin ½ Cup Fruit 100 % Fruit Juice Assorted Milk	2 w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	3 w.g Oatmeal Bar ½ Cup Fruit 100 % Fruit Juice Assorted Milk	4
5	6 w.g Cereal ½ Cup Fruit 100% Fruit Juice Assorted Milk	7 w.g Apple Frudel ½ Cup Fruit 100 % Fruit Juice Assorted Milk	8 w.g Homemade Chocolate Muffin ½ Cup Fruit 100 % Fruit Juice Assorted Milk	9 w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	10 w.g Cereal ½ Cup Fruit 100% Fruit Juice Assorted Milk	11
12	13 Fall Break	14	15	16	17	18
19	20 No School	21 w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	22 w.g Homemade Chocolate Muffins ½ Cup Fruit 100 % Fruit Juice Assorted Milk	23 w.g Apple Frudel ½ Cup Fruit 100 % Fruit Juice Assorted Milk	24 w.g Strawberry Gogurt & Graham Crackers ½ Cup Fruit 100 % Fruit Juice Assorted Milk	25
26	27 w.g Oatmeal Bar ½ Cup Fruit 100% Fruit Juice Assorted Milk	28 w.g Apple Frudel ½ Cup Fruit 100 % Fruit Juice Assorted Milk	29 w.g Home Made Blueberry Muffin ½ Cup Fruit 100 % Fruit Juice Assorted Milk	30 w.g Cereal ½ Cup Fruit 100% Fruit Juice Assorted Milk	31 w.g Poptart ½ Cup Fruit 100 % Fruit Juice Assorted Mil	

This institution is an equal opportunity provider. Food items are subject to change depending on availability.

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Lunch Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Turkey Ham Sandwich Veggies Fruit	2 Bean & Cheese Tostadas Veggies Fruit	3 Cheese Pizza Veggies Fruit	4
5	6 Hot Dogs Veggies Fruit	7 Beef Enchiladas Veggies Fruit	8 Turkey Breast Sandwich Veggies Fruit	9 Chili Cheese Nachos Veggies Fruit	10 Beef Pepperoni Pizza Veggies Fruit	11
12	13 Fall Break	14	15	16	17	18
19	20 No school	21 Corn Dogs Veggies Fruit	22 Turkey Ham Sandwich Veggies Fruit	23 Grilled Cheese Sandwich Veggies Fruit	24 Cheese Pizza Veggies Fruit	25
26	27 Chicken nuggets Veggies Fruit	28 Beef Tacos Veggies Fruit	29 Turkey Breast Sandwich Veggies Fruit	30 Spaghetti & Meatballs Veggies Fruit	31 Beef Pepperoni Pizza Veggies Fruit	

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All Meals Are served with assorted milk. Fat free
Chocolate, 1% Milk Plain